

# **5th Tradition Diversity Workshop**

## **Carry the Message of Hope and Recovery to All Who Suffer from Compulsive Overeating, Anorexia and Bulimia**

*“Each group has one primary purpose - to carry its message to the compulsive overeater who still suffers.” (Tradition Five)*

This diversity awareness and inclusion workshop is experiential and interactive. It is designed to explore our similarities and our cultural and ethnic differences and discuss how to build communities that appreciate and welcome diversity.

Workshop leader Roberto Almanzán leads multicultural training programs for corporations, government agencies, education institutions and non-profits throughout the U.S. Roberto emphasizes developing cultural competency, cross cultural communication skills, conflict management and team building in diverse environments.

Saturday, September 27, 2008

1:00 - 4:00 p.m.

CPMC Hospital, Davies Campus

North Tower, Room B 2

Castro Street at Duboce Avenue

\$10 suggested donation, no one turned away for lack of funds

Parking on site. Serviced by N Judah and 24 Divisadero buses.

## **San Francisco Intergroup of Overeaters Anonymous**

Contacts:

John O. 415 710-1523

Judy E. 415 346-3803



[Link to Mapquest](#)

**Westbound Hwy 80 (from Oakland)**

- Take Hwy 80 over the Bay Bridge
- Take the Ninth Street/Civic Center exit, staying in center exit lane (puts you on Harrison St.)
- Travel 1 block on Harrison and turn right onto 9th Street. On 9th, get into the left hand lanes labeled “Hayes Street”
- 9th Street will veer left into Hayes St. as you cross Market Street
- Follow Hayes St. for approximately 1.5 miles
- Left on Scott St.
- Medical Center entrance is at the end of Scott St.

**Southbound Hwy 101 (from Marin)**

- Take Hwy. 101 South over Golden Gate Bridge
- Exit Lombard St.
- Right on Divisadero St. for approximately 2 miles
- Divisadero becomes Castro St. en route
- Medical Center entrance is at the corner of Duboce and Castro Sts.

**Northbound Hwy 101 (from San Jose)**

- From Hwy 101, take Ninth Street/Civic Center exit
- Travel north on 9th St. and get into the left hand lanes labeled “Hayes Street”
- 9th St. will veer left into Hayes St. as you cross Market St.
- Follow Hayes St. for approximately 1.5 miles
- Left on Scott St.
- Medical Center entrance is at the end of Scott St.

**Northbound Hwy 280**

- Follow the signs to 19th Ave/Golden Gate Bridge
- Travel onto 19th Ave.
- Right onto Sloat Blvd. (after Ocean Ave.)
- Turn slight left onto Portola Dr. and follow for approximately 2 miles
- Turn slight right onto Market St. and follow for approximately 1.5 miles
- Turn sharp left onto 16th St.
- Right onto Castro St.
- Medical Center entrance is at the intersection of Castro & Duboce Sts.